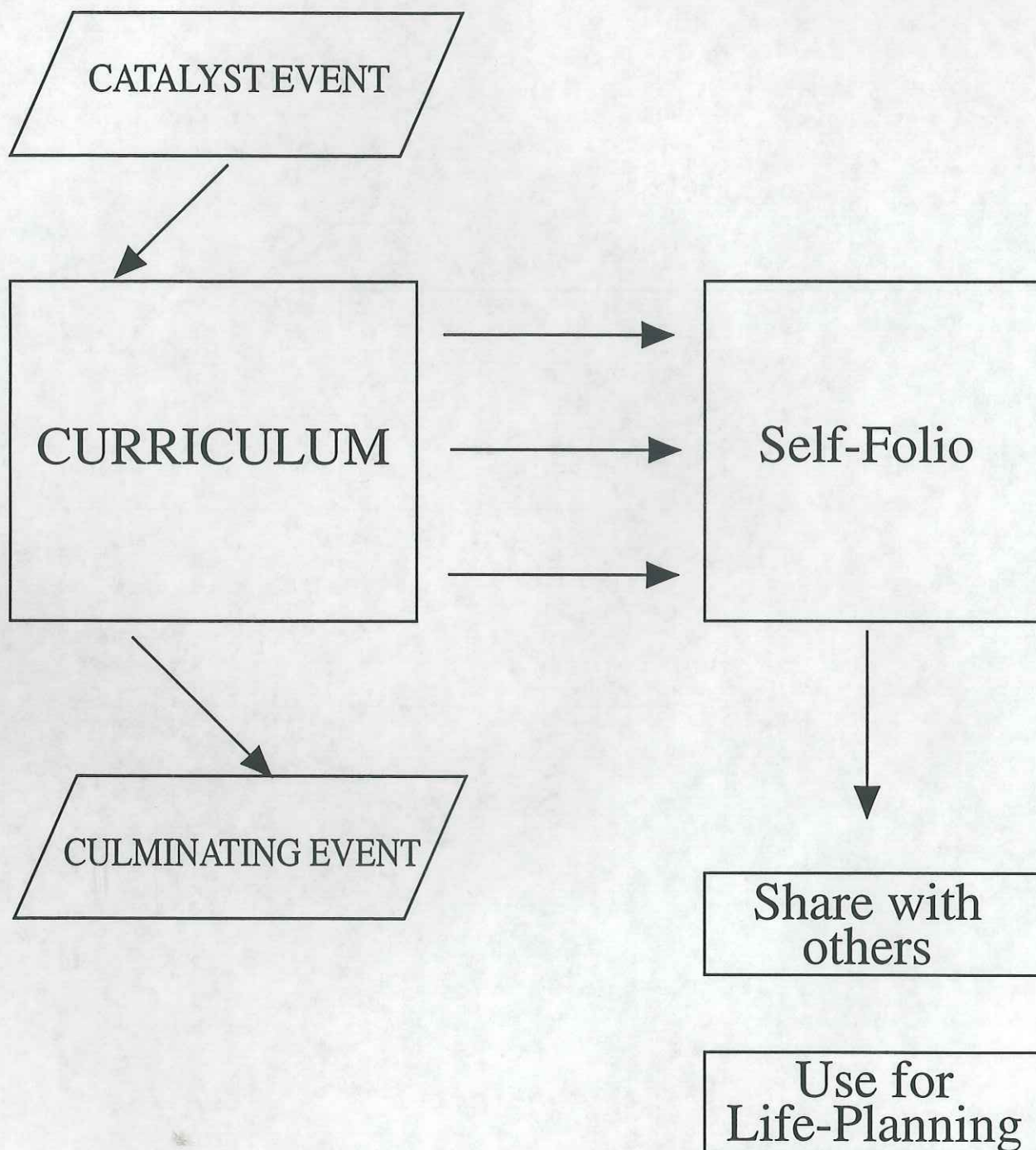


# Self-Determination Program Overview



## Self-Determination Curriculum

## Self-Folio

Group contract.

What is self-determination?

Independent adulthood means...

Life history.

Life map.

-->

1. My Life

Interest inventory.

Talent self-study.

*(Which are enhanced by autism?)*

-->

2. My Interests & Talents

Senses and perception.

How do I learn?

Practice communication.

Study thinking process.

*(Comparing perspectives.)*

*(Experiences of persons with autism.)*

-->

3. My Experiences.

Organization strategies.

Problem-solving meetings.

*(Strategies of persons with autism.)*

-->

4. My Strategies.

Review above for goals.

Goal-setting meetings.

Goal planning.

-->

5. My Goals.

*(What is public vs. private?)*

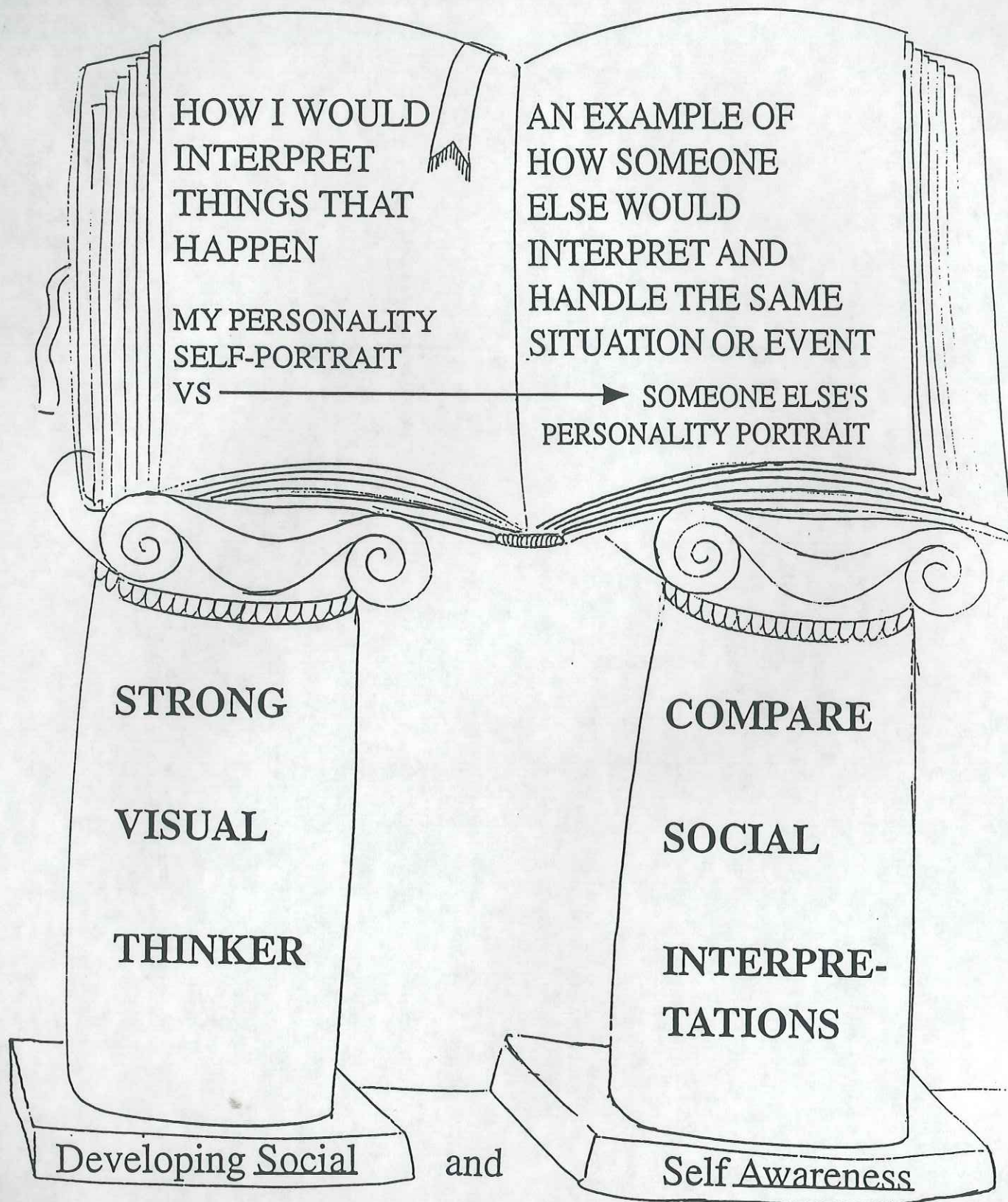
Share what with whom?

-->

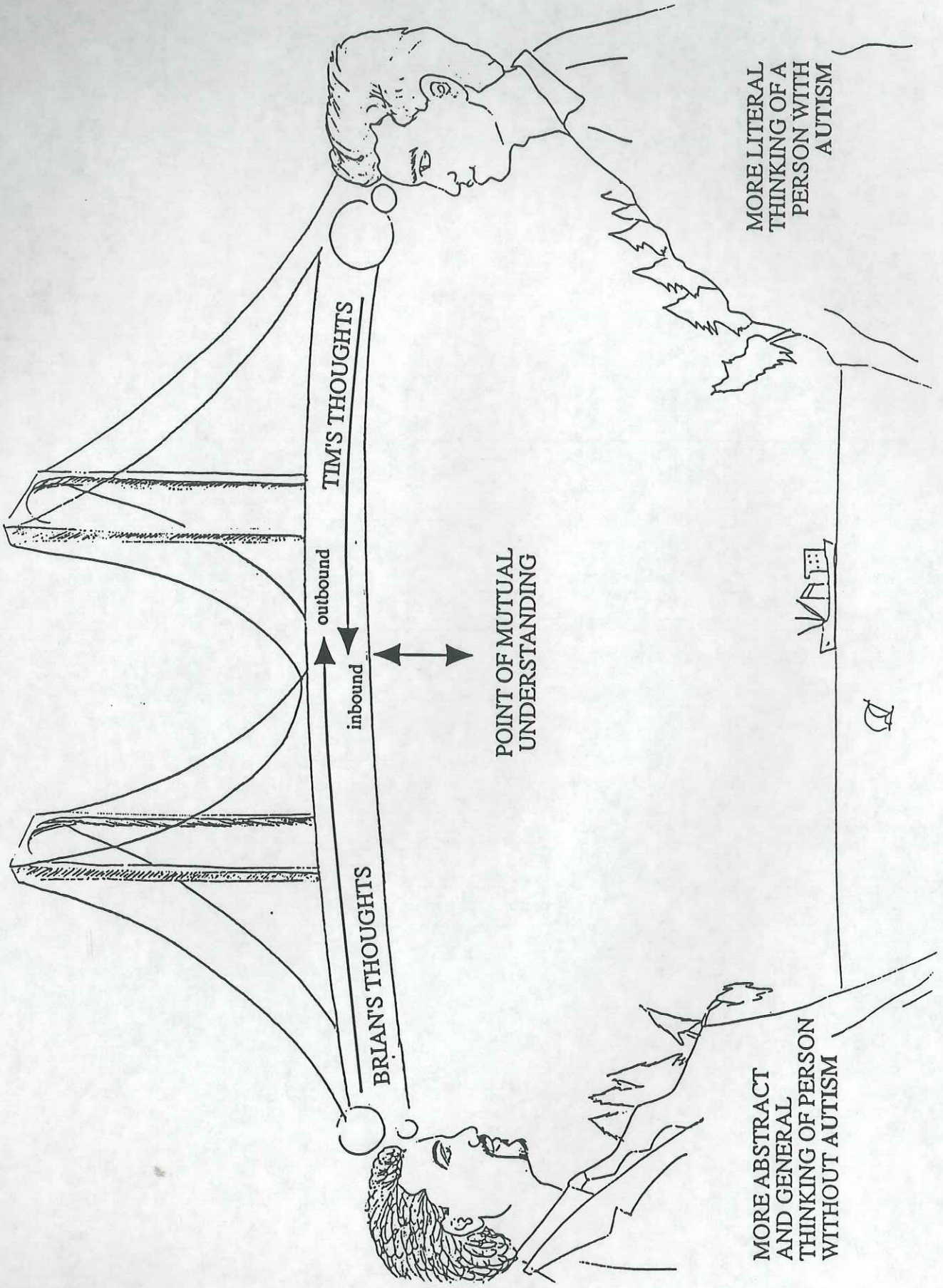
6. Share With Others.



# Foundation of Self-Folio



# The Self-Folio as a Bridge





# Self-Determination Self-Folio

\_\_\_\_\_  
(Name)

## 1. My Life

Life Map

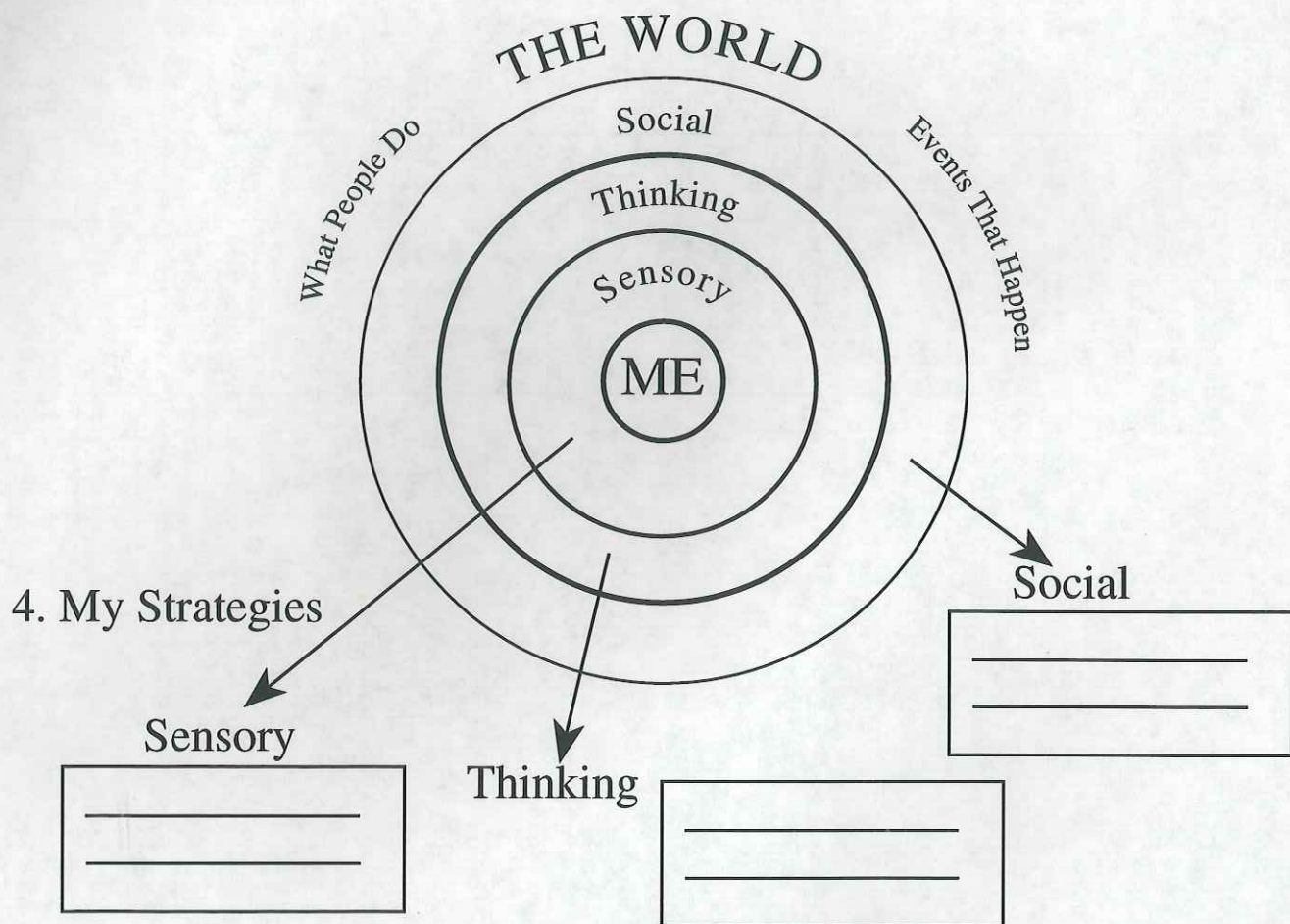
Life History

## 2. My Interests And Talents

Past

Present

## 3. My Experiences



## 5. My Goals

Short Term Goals



Long Term Goals

## 6. Sharing Who I am With Others

Family

Friends

Teachers

Employers

# Self-Determination Self-Folio

(Name)

---

---

## 1. My Life

Life Map

Life History

---

## 2. My Interests And Talents

Past

Present

---

## 3. My Experiences

Sensory

Thinking

Social

---

## 4. My Strategies

Sensory

Thinking

Social

---

## 5. My Goals

Short Term Goals



Long Term Goals

---

## 6. Sharing Who I am With Others

Family

Teachers

Employers

---

# My Life Map

(Name)

MY LIFE 5 YEARS FROM NOW

INTERESTS

LEISURE

MY LIFE NOW

SCHOOL

FRIENDS

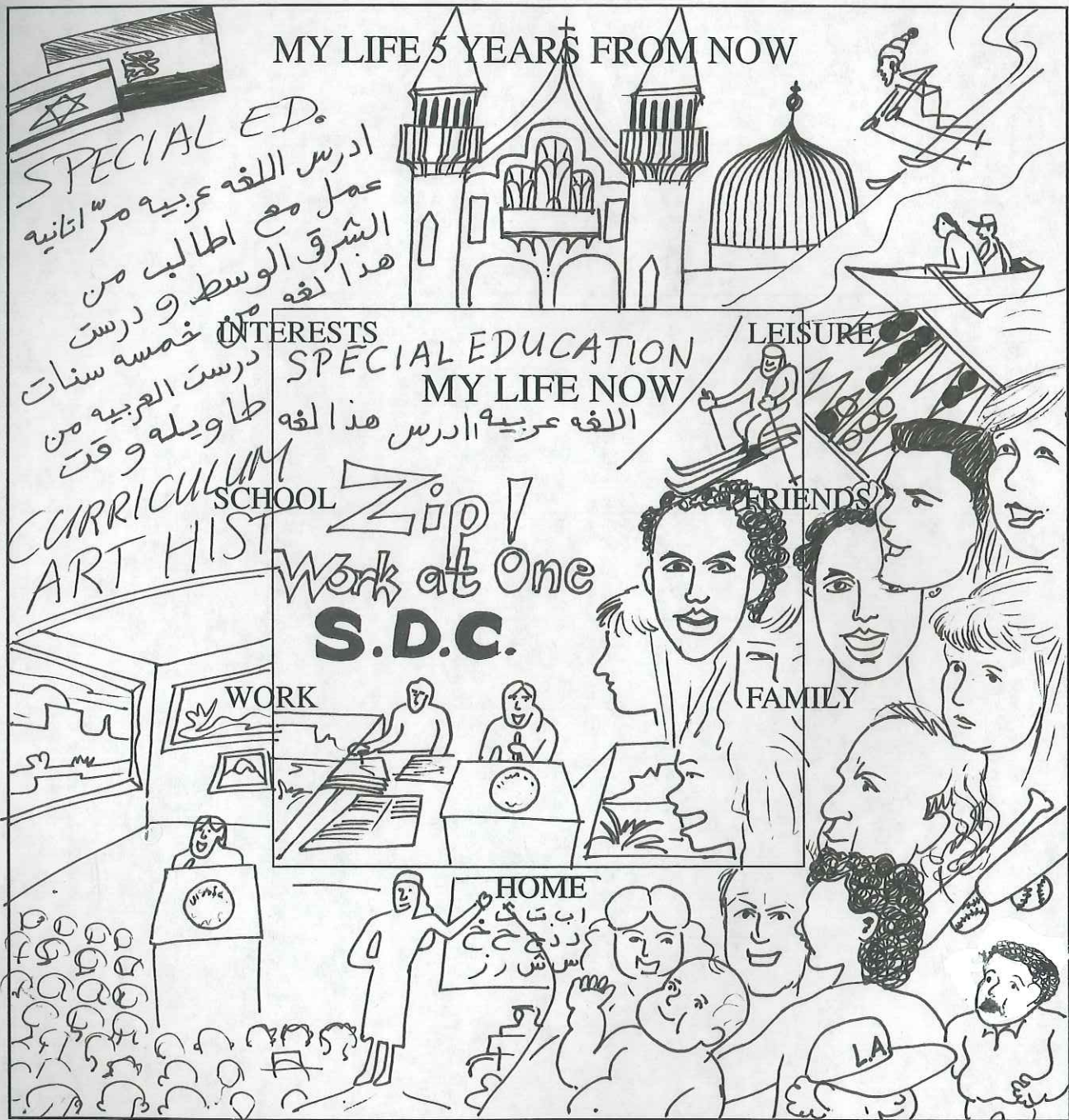
WORK

FAMILY

HOME



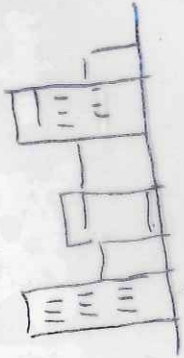
(Name)





# MY LIFE IN 5 YEARS (1999)

## Molly Haggerty (Speculations)



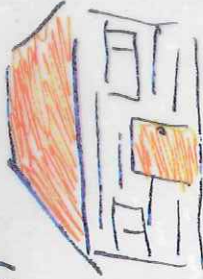
Travel to New York and Detroit



My Car  
A Porsche



My dog



My own place to live

A dream date -  
Maybe get married?



Maybe I'll have children or think of it!

My career -  
hopefully art-related



### MY LIFE NOW - 1994

Maybe live in another city?  
Who knows?  
(East Coast)



My Apartment



Chorus

My new work

My Art

Musical Interests

Pearl Jam

Deerhoof

Def Leppard

My drumset

Violent Femmes

Ozzy Osbourne

Chorus

Chorus

Chorus

Chorus

Chorus

Chorus

Chorus

Chorus

Chorus

Chorus

Chorus

Chorus

Chorus

Chorus

Chorus

Our Car - Porsche

My new work

My Art

Musical Interests

Pearl Jam

Deerhoof

Def Leppard

My drumset

Violent Femmes

Ozzy Osbourne

Chorus

Chorus

Chorus

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Chorus

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Chorus

Chorus

My new work

My Art

Musical Interests

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My new work

My Art

Musical Interests

Pearl Jam

Deerhoof

Def Leppard

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# Self-Determination Self-Folio

\_\_\_\_\_  
(Name)

## 1. My Life

LIFE MAP	LIFE HISTORY															
<div>MY LIFE 5 YEARS FROM NOW</div> <div>MY LIFE NOW</div>	<table border="1"><thead><tr><th>CHILD</th><th>TEEN</th><th>ADULT</th></tr></thead><tbody><tr><td>→</td><td>→</td><td>→</td></tr><tr><td>→</td><td>→</td><td>→</td></tr><tr><td>→</td><td>→</td><td>→</td></tr><tr><td>→</td><td>→</td><td>→</td></tr></tbody></table>	CHILD	TEEN	ADULT	→	→	→	→	→	→	→	→	→	→	→	→
CHILD	TEEN	ADULT														
→	→	→														
→	→	→														
→	→	→														
→	→	→														

## 2. My Interests And Talents

PAST	PRESENT
<div></div>	<div></div>
<div></div>	<div></div>
<div></div>	<div></div>
<div></div>	<div></div>



## 2. My Interests and Talents

\_\_\_\_\_  
(Name)

Past






Present

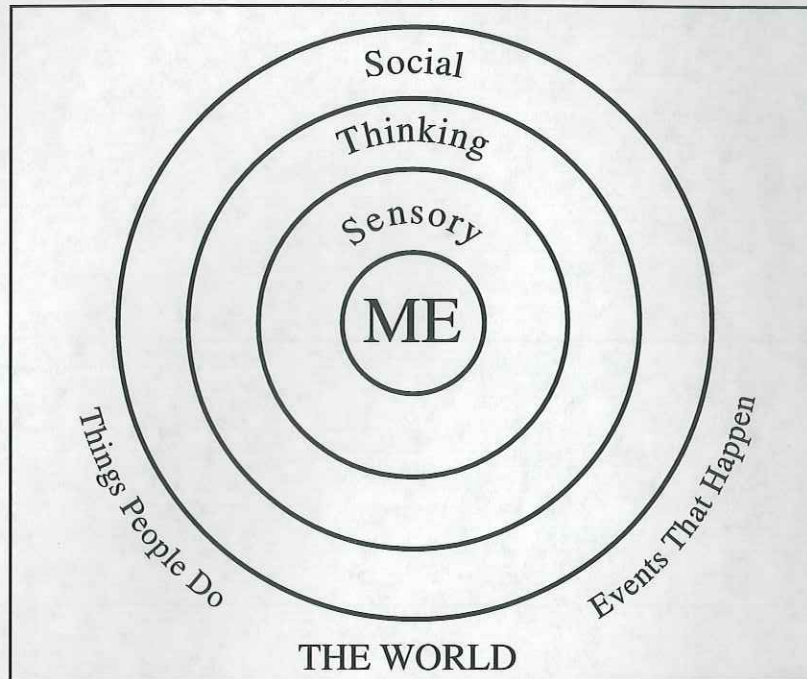





# Self-Determination Self-Folio

\_\_\_\_\_  
(Name)

## 3. My Experience



## 4. My Strategies

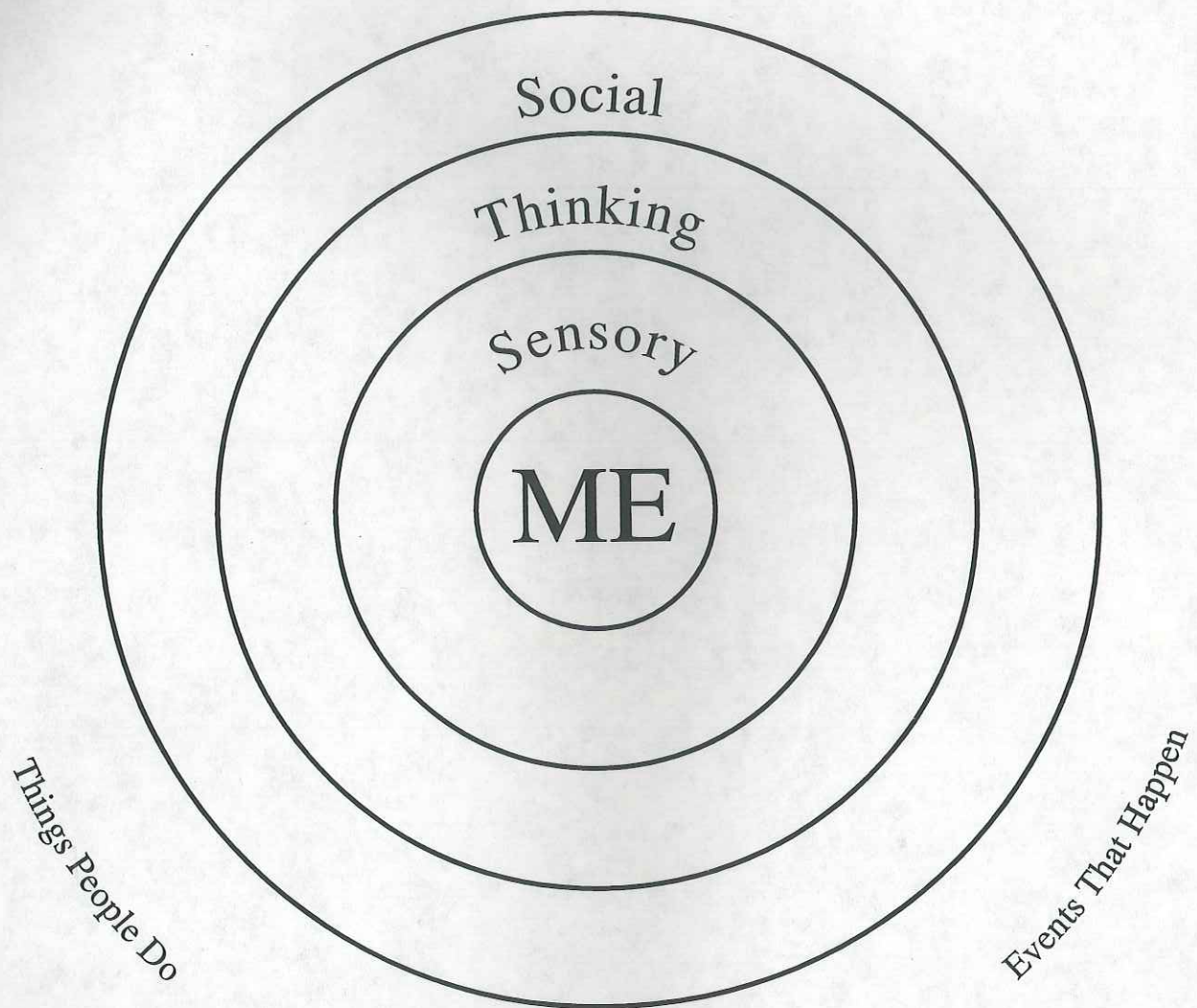
Sensory	Thinking	Social
<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>
<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>
<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>	<hr/> <hr/> <hr/>



### 3. My Experiences

\_\_\_\_\_  
(Name)

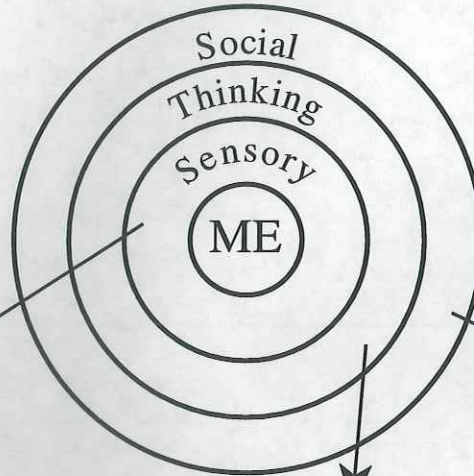
## THE WORLD



# My Experience —————> My Strategies

(Name) \_\_\_\_\_

## THE WORLD



Strategies for  
Sensory Experiences


Strategies for  
Thinking Experiences


Strategies for  
Social Experiences

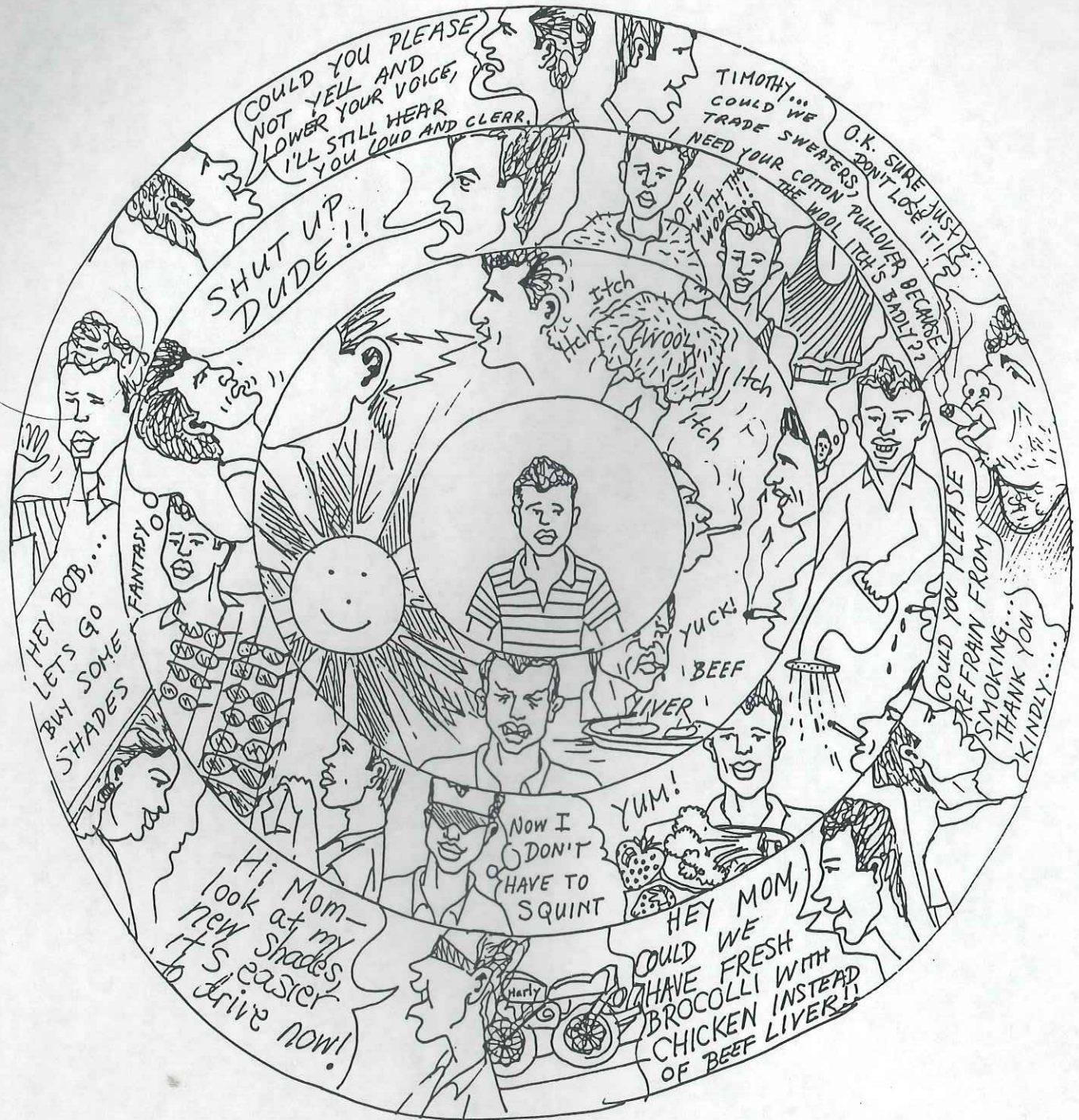








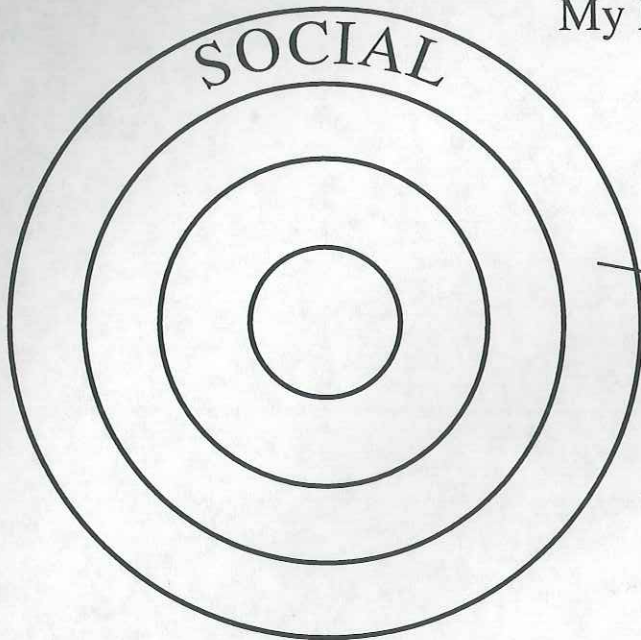

## 2





# My Strategies For Social Experiences

My Experiences



Strategies

Social experiences of others:


What they do: (Their strategies)


My social experiences:


What I do: (My present strategies)


My social experiences:

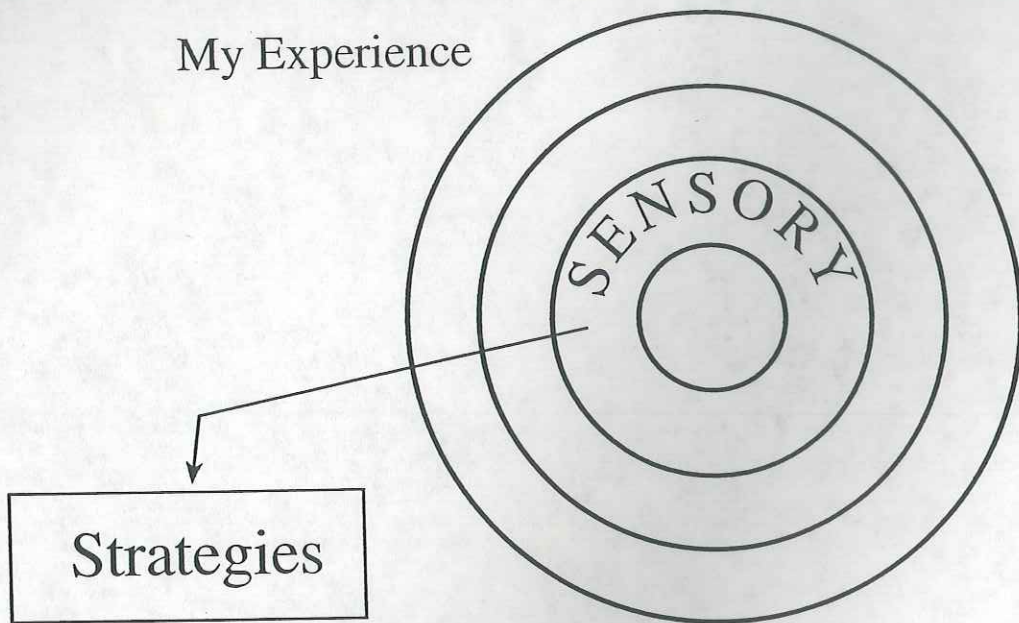

What I want to try: (My new strategies)




# My Strategies For Sensory Experiences

(Name)

My Experience



Sensory experiences of others:

---

---

What they do: (Their strategies)

---

---

My sensory experiences:

---

---

What I do: (My present strategies)

---

---

My sensory experiences:

---

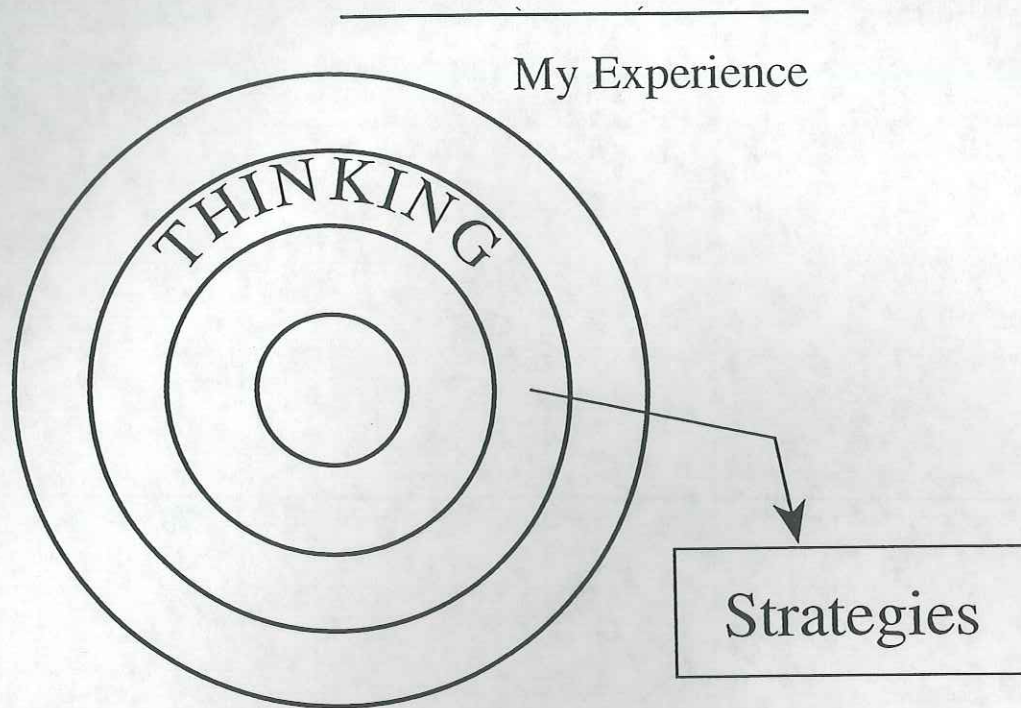
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What I want to try: (My new strategies)

---

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# My Strategies For Thinking Experiences



Thinking experiences of others:


What they do: (Their strategies)


My thinking experiences:


What I do: (My present strategies)


My thinking experiences:


What I want to try: (My new strategies)




# Self-Determination Self-Folio

\_\_\_\_\_  
(Name)

## 5. My Goals

MY GOALS	
SHORT TERM GOALS	LONG TERM GOALS
<div><div></div><div></div><div></div></div>	<div></div>
<div><div></div><div></div><div></div></div>	<div></div>
<div><div></div><div></div><div></div></div>	<div></div>

## 6. Sharing Who I Am With Others

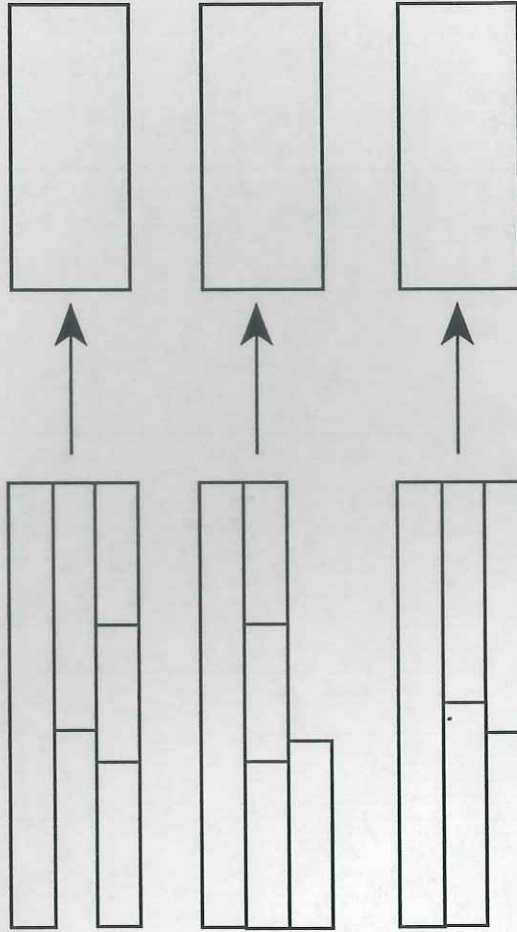
Family

Teachers

Employers

# MY GOALS

SHORT TERM GOALS → LONG TERM GOALS





# My Goals

(Name)

SHORT TERM GOALS → LONG TERM GOALS

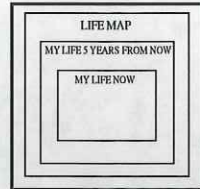
High School	Community College
Language Club	Language Club
	Electronics Club
	Maybe make new friends in clubs
See friends at high school	Call and visit old friends from high school
Track Team	Volkswalks
	Maybe make new friends on Volkswalks

Try to keep old friends. Try to make new friends.

# My Possible Goals

\_\_\_\_\_  
(Name)

Review your Life Map:



The things you want  
five years from now  
are possible goals

Possible Goals:

---

---

---

Review your Interests and Talents:

MY INTERESTS AND TALENTS	
PAST	PRESENT

You may want to set  
a goal based on an  
interest or talent


Possible Goals:

---

---

---

Review your Strategies:

MY EXPERIENCES		
		
MY STRATEGIES		
SENSORY	THINKING	SOCIAL

You may want to set  
a goal to use your new  
strategies

Possible Goals:

---

---

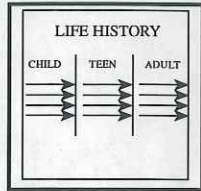
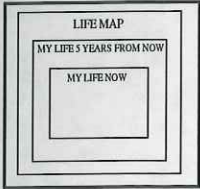
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## What I Want to Tell Family Members

(My Name)

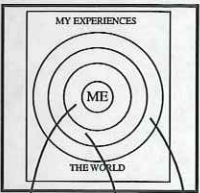
# My Life:



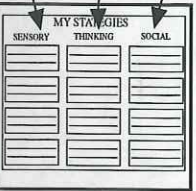
## My Interests and Talents:



## My Experiences:



## My Strategies:



## My Goals:



(Family Member Names)

## I want to tell family:

[illegible]

## MY STRATEGIES

SENSORY

THINKING

SOCIAL

_____
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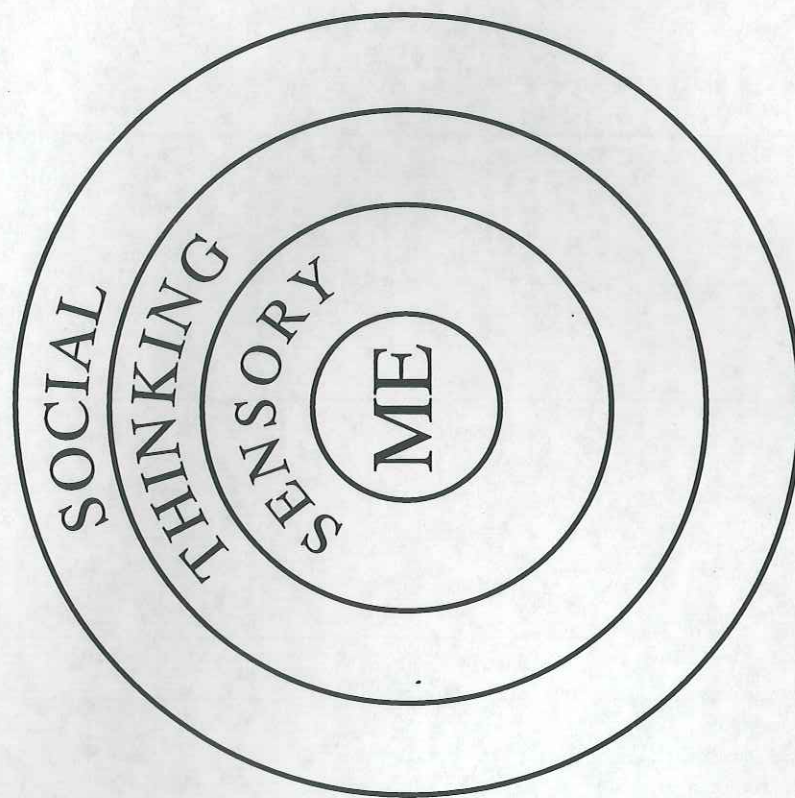
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MY EXPERIENCES



THE WORLD

# MY INTERESTS AND TALENTS

PAST

PRESENT

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